Beach 101: Beach Sanitary Surveys

2009 US EPA National Beaches Conference

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Beach Sanitary Surveys – Goal



•To explore and accurately characterize beaches

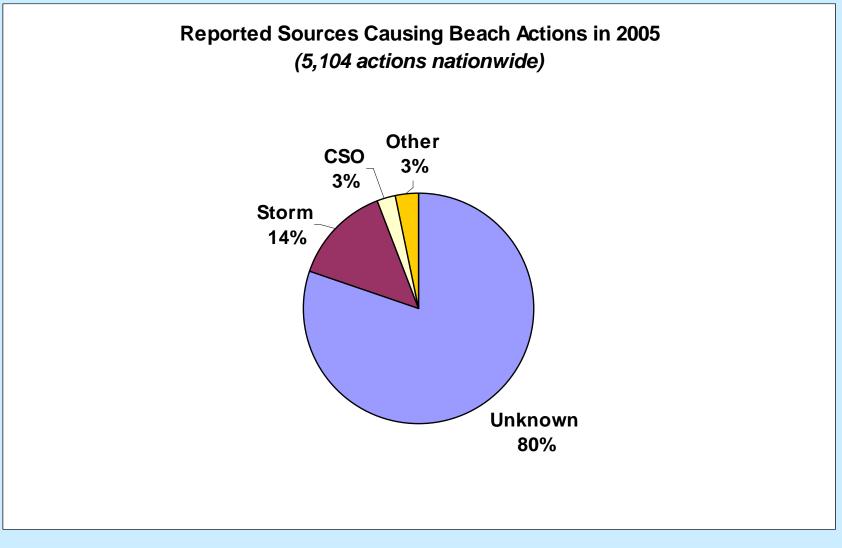
- •To identifying possible sources of microbial pollution entering the beach area
- •To assemble a database of ambient conditions and water quality data
- •To provide for targeted remediation measures

Motivation for Action

Or why would you make the effort to do a BSS?

- Public perception/expectations
 - Citizens value utility as condition of residence
- Economic issues
- Social issues
 - Equity with regards to access
- Environmental protection/preservation
 - Coastal habitat
 - Fisheries and wildlife
- Public health

Do we know what the sources are?



C. Kovatch, USEPA National Beaches Conference, 2006

Some sources are easy to identify

Others not so much...





Very Easily Identified...



Easily Identified/Pollution Source?



Tools Used in Sanitary Survey Project

Land Use/Source ID Data – Annual Survey

- Wastewater discharge points
- Septic systems
- Subsurface sewage disposal
- Storm water outfalls
- Rivers, creeks & streams
- Agricultural run-off
- Urban run-off
- Industrial waste
- Marinas & harbors
- Moored boats

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- Land Use (local & watershed)
- Annual bather load

- Combined sewage overflows
- Caged Animal Feeding Operations (CAFOs)
- Wildlife
- Domestic animals
- Stream bank erosion
- Landfills, open dumps
- Ground water
- Bathhouse toilet facilities
- Drains & pipes
- Wetland drainage
- Hydrological assessments
- Sediment/Sand assessments

Environmental Data Collected – Routine/Daily BSS

- General Beach Conditions
 - Air temperature
 - Wind speed/direction
 - Rainfall
 - Weather condition (sunny, etc.)
 - Current speed/direction
 - Wave Height
- Water Quality
 - FIB concentrations
 - Water temperature
 - Water color/odor
 - Turbidity (clarity)

- Bather Load
 - Total number of people at beach
 - Swimmers/non-swimmers

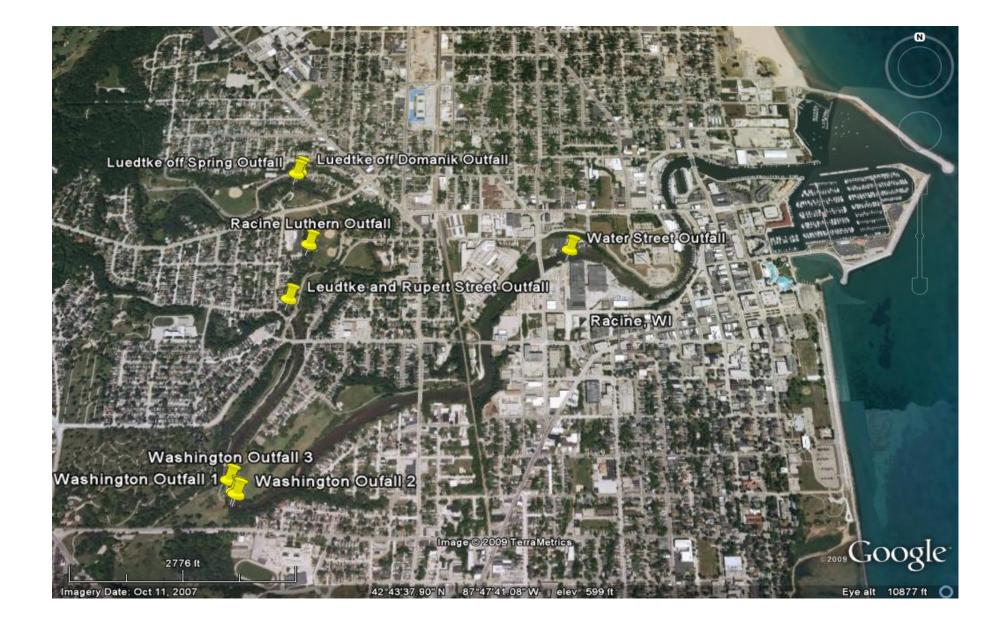
Potential Pollution Sources

- Sources of discharge
 - Rivers, outfalls, wetlands, etc.
- Floatables
- Amount of debris/litter
- Amount of algae
 - Stranded on beach
 - Floating/submerged in water
- Presence of wildlife
 - Gull counts
 - Geese, deer, other
- Presence of domestic animals
 - Dogs, Horses

Source Determination or Microbial Source Tracking (MST) Methods

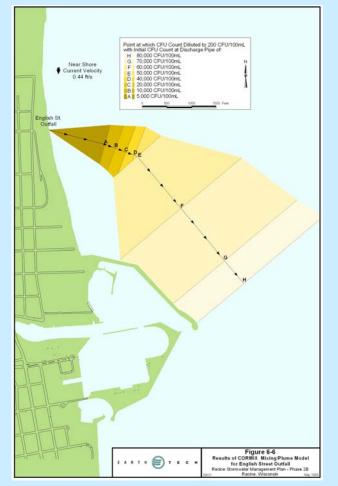
- Sanitary Survey & Land Use Evaluations
- Spatial Sampling/Additional Sampling
- Physical Evaluations
- Animal/Avian/Algae Evaluations
- Weather Effects (Rain, temp, etc.)
- Genetic Evaluations
- New Techniques (MALDI-TOF)





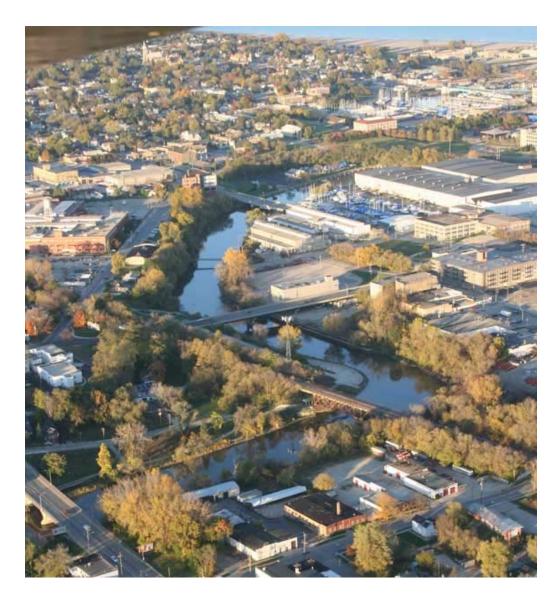
Basin Assessments

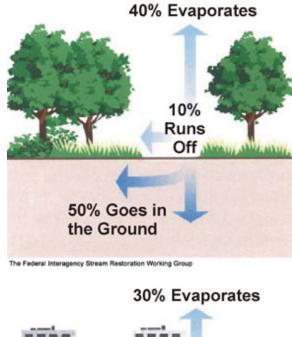
- 150 cm pipe
- Drainage area 395.5 acres (160.05 hectares)
- Land Use
 - 20-25% HD residential
 - 20-22% multi-family
 - 15-20% MD residential
 - 12-15% Commercial
 - 5-10% Industrial
 - 5-6% Open space
 - 1-2% Office, Institutional



Storm water outfall, Racine, WI

What Happens When it Rains?

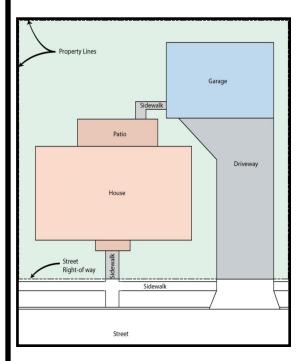






The Federal Interagency Stream Restoration Working Group

Racine Storm Water Utility



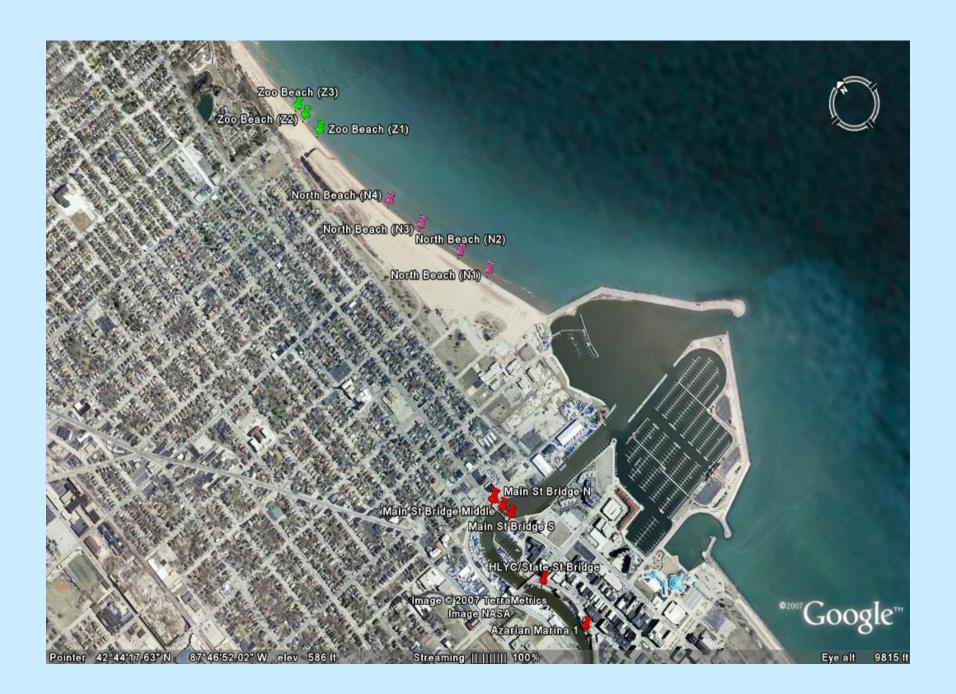
Residential Average Impervious Area = 2,844 square feet (or 1 Equivalent Residential/Runoff Unit (ERU))

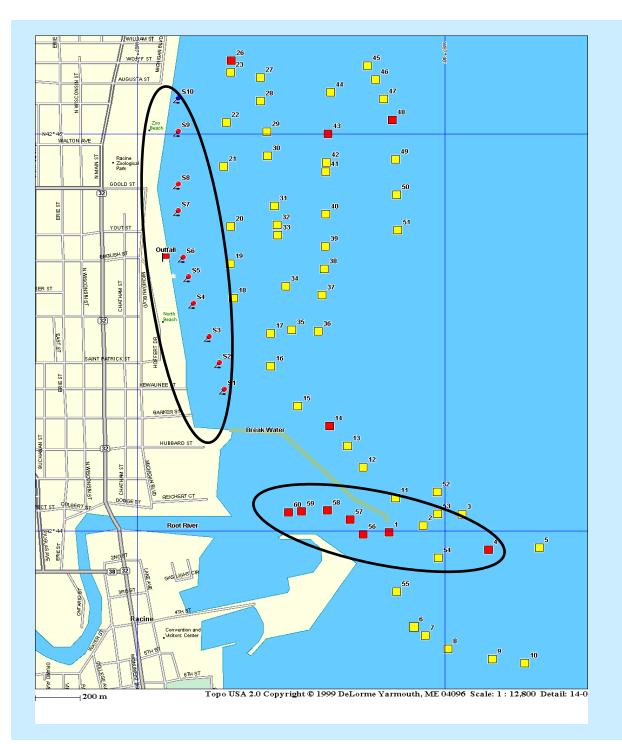


Downtown Customer Example



Industrial Customer Example





2004 Spatial Distribution Study

80 samples by wading or boat

Pre-rainfall, Rainfall, and Postrainfall samples

Look for elevated levels of bacteria indicator organisms



E.coli and Sand

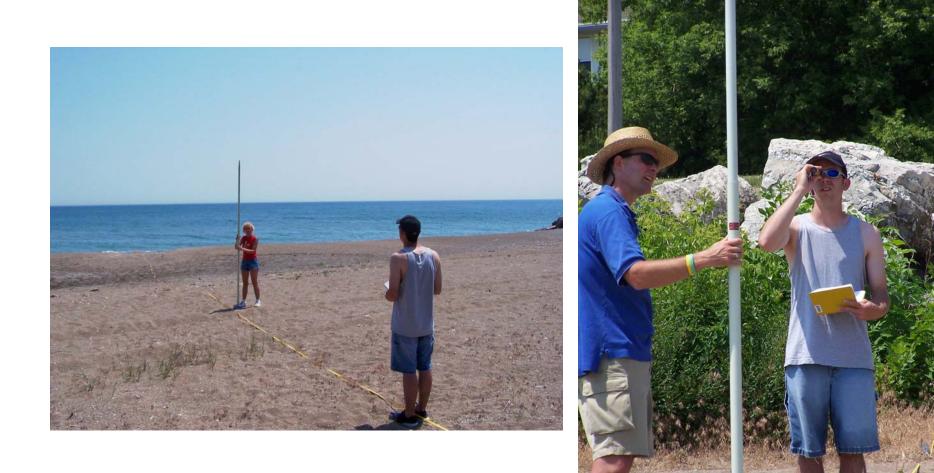
Beach	Mean Upshore	Mean Swash	Mean E.coli		
	Sand E.coli	Sand E.coli	Mean Submerged	from water	
	CFU/g	CFU/g	Sand E.coli CFU/g	MPN/100mL	
Baileys Harbor	56.6	106.5	3.5	169.8	
Ephraim Beach	43.6	52.2	7.8	134.6	
Fish Creek	73.7	137.9	8.7	196.9	
Otumba Park	18	190.4	11.9	335.4	
Sunset Park	99.4	136.7	58.1	107.3	
Whitefish Dunes	216.7	91.5	2.8	259.5	

Table 1. Beaches included in the sand evaluation study and summary of data from 2005.

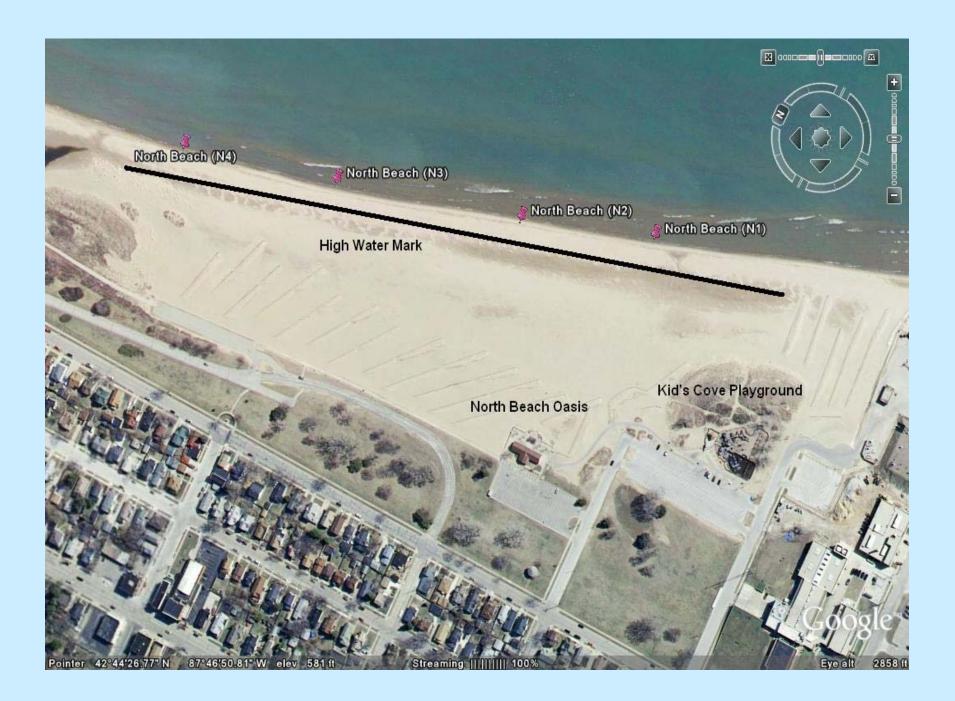
Table 2. Beaches included in the sand evallation study and summary of data from 2006.

Beach	Mean Upshore	Mean Swash		Mean E.coli	
	Sand E.coli	Sand E.coli	Mean Submerged	from water	
	CFU/g	CFU/g	Sand E.coli CFU/g	MPN/100mL	
Baileys Harbor	76.1	31.6	9.8	127.2	
Ephraim Beach	13.1	29.3	0.4	38.9	
Fish Creek	5.4	21.3	2.4	58.1	
Otumba Park	29.7	127.2	11.5	89.4	
Sunset Park	59	115.2	21	184.4	
Whitefish Dunes	78.7	39.9	1.9	141.3	

Relative Elevation Measurements







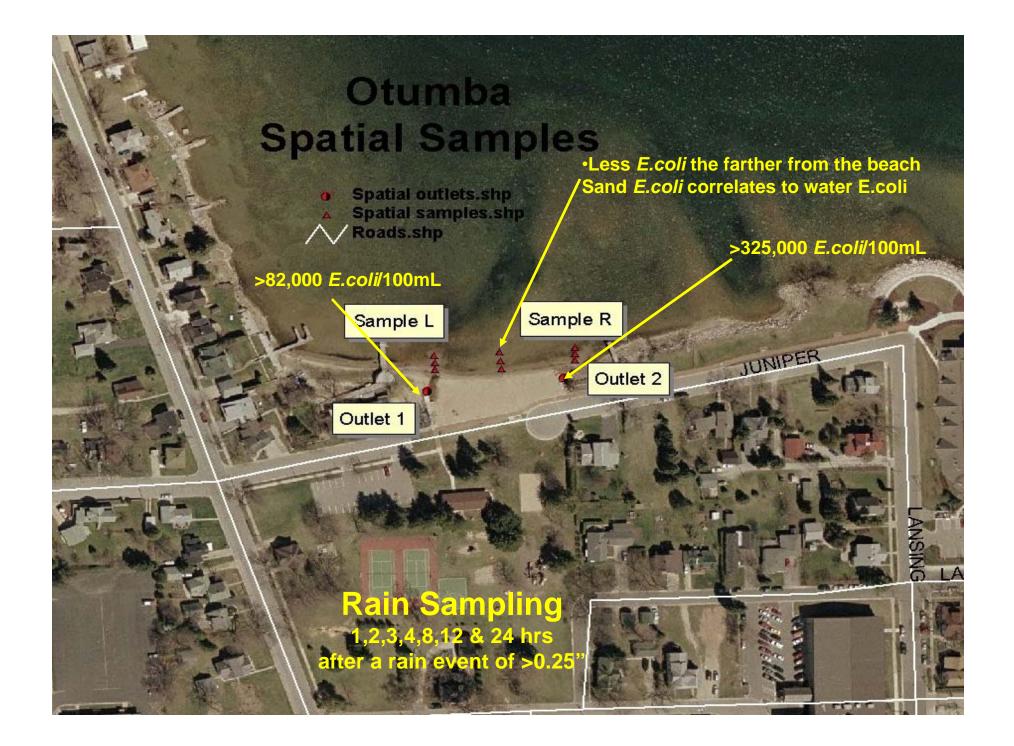
The "Yuck" Cycle



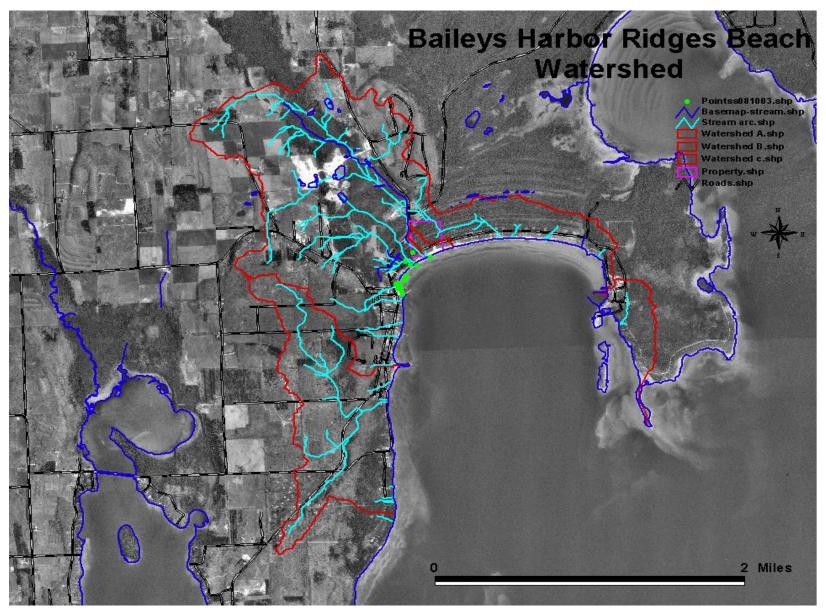
When were Bathing Water Advisories Occurring?

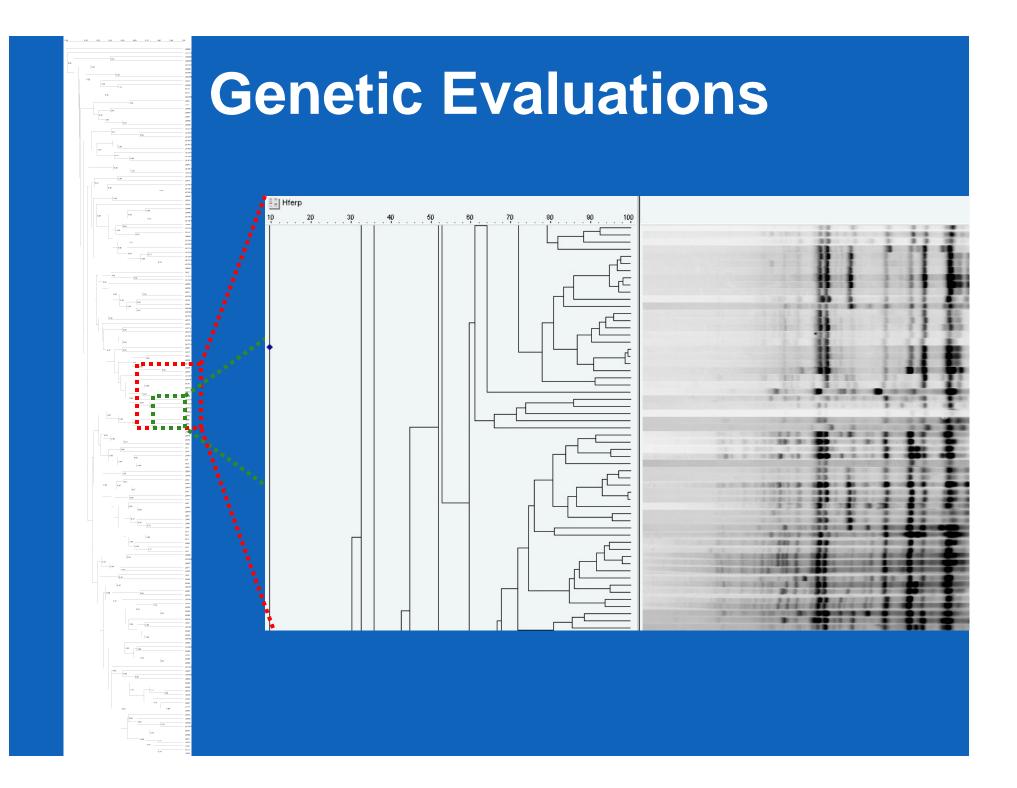
- Wind Direction
 - East winds associated with 49% of BWQF
- Wave Height
 - 85% of BWQF occurred when waves were ≥ 1.0 ft.
- Precipitation
 - Only 42% of BWQF were preceded by precipitation





Watershed Assessments





Beach Sanitary Surveys: Potential Contamination Sources

Lake Superior	Lake Michigan	
Beach Sand	Beach Sand	
Outfalls	Outfalls	
Animal Fecal Material on Beach	Large Gull Population & Feces	
Runoff through Beach Area	Potential for CSOs	
Poor Beach Maintenance	Discharge from WWTPs	
	Stormwater Runoff	
	Cladophora/Algal Mats	

Now that we have all this data...what can we do?

Make a Difference!

Best Management Practices

- Regular Maintenance of Storm Sewers and catch basins - Significant source of *E.coli*
- Street and Impervious Surface Cleaning
- Know where pipes 'come from' and 'go'
- Beach Grooming CORRECTLY DONE
- Removal of *Cladophora*
- Storm Water Ordinances
- Public Signage/Public Education
 - Pick-up pet waste, pick-up trash, Do Not feed birds, etc.
- Others?

Beach Sanitary Surveys:

Recommended Remediation Measures



Bank Stabilization with Native Plants at Zoo Beach (Racine, WI)

- Regular maintenance of storm water infrastructure
- Stormwater runoff controls (diverting outfalls, vegetated swales, eliminating sources of seeps)

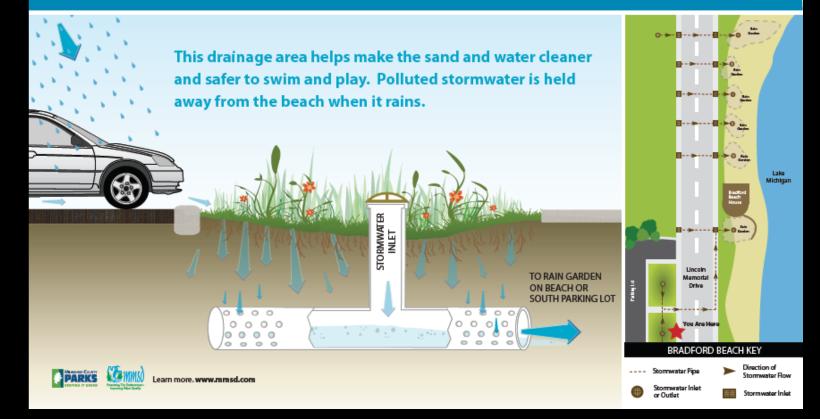
Storm Drain Televising

Important tool to identify...

- Severely cracked pipes at several points downstream
- Sanitary sewer defects
- Defects in laterals (sanitary infiltration)
- Deposits in catch basins
- Illicit discharge to storm drain system

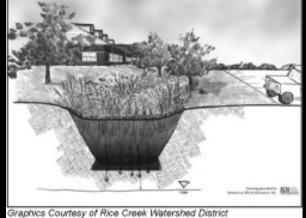


THIS DRAINAGE AREA HELPS PROTECT LAKE MICHIGAN









Beach Grooming/Beach Slope Maintenance





- *E. coli* content in beach sands is influenced by the moisture content
- Large swales trap water and remain wetted
- Flat beach face allows for the encroachment of waves
- Deep beach grooming w/o leveling can promote drying

PLANTED DUNE GRASS AND OTHER NATIVE VEGETATION CONC. PATH CONC. PATH DUNE WITH DUNE GRASS CONC. PATH DUNE WITH DUNE GRASS CONC. PATH DECONC. PATH

Beach Nourishment Improved water flow Decreased size of swash zone Improved filtration Increased beach area Aesthetic improvement

Recommended Remediation Measures

- Removal of fecal material at beaches
- Cladophora (algae)/plant removal
- •Gull population control
- •Litter Management









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SEAGULLS, GEESE, AND RECREATIONAL WATER QUALITY



Racine's shoreline is home to various water fowl such as ring-billed and herring gulls and Canada geese. While the presence of shore birds can add to the ambience of a coastal visit, large populations can adversely impact water quality. For example, one gram, or a

pea-sized piece of gull feces, contains over 3 million *E. coli* bacteria. *E. coli* is used as an

indicator of recreational water quality on bodies of fresh water like Lake Michigan because of its presence in the intestines of animals and people. One way to reduce the number of nuisance water fowl at the beach, and reduce swimming advisories, is to

remove debris, especially debris resulting from food and beverages. The City of Racine grooms the beach to remove debris but all

visitors should do their part to keep the beaches clean. Other deterrents include not feeding the birds (Ord. Sec. 10-73) and using the beaches.







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The Parks Department grooms the beaches to remove waste left by previous visitors and potentially hazardous debris

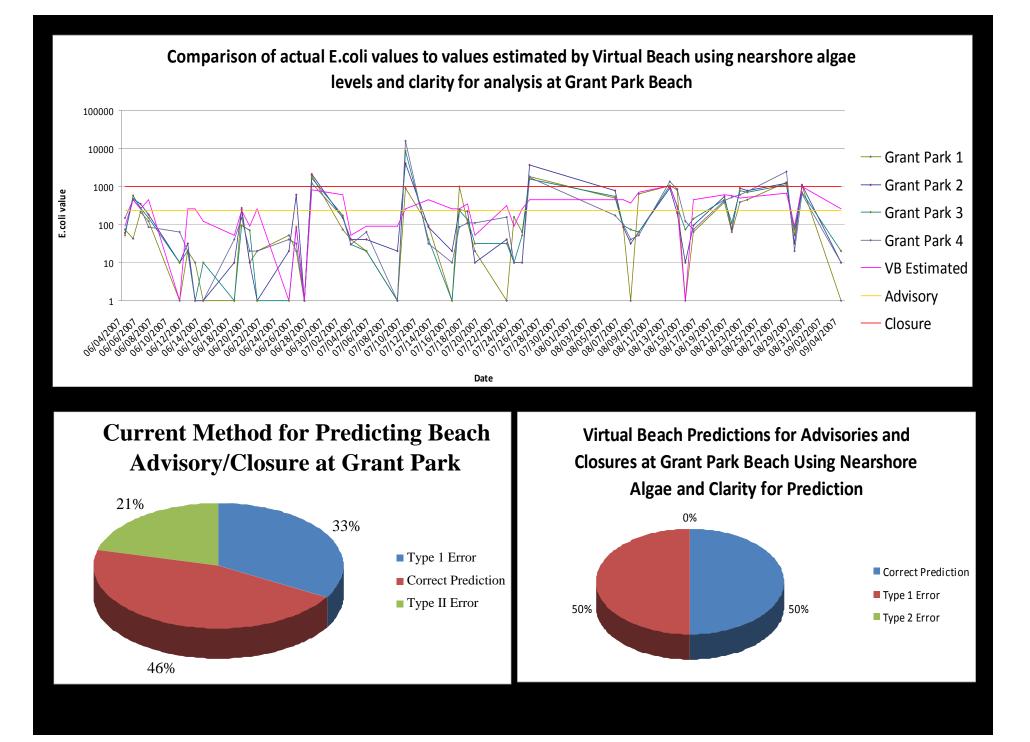


A typical load of debris collected by th beach proomer

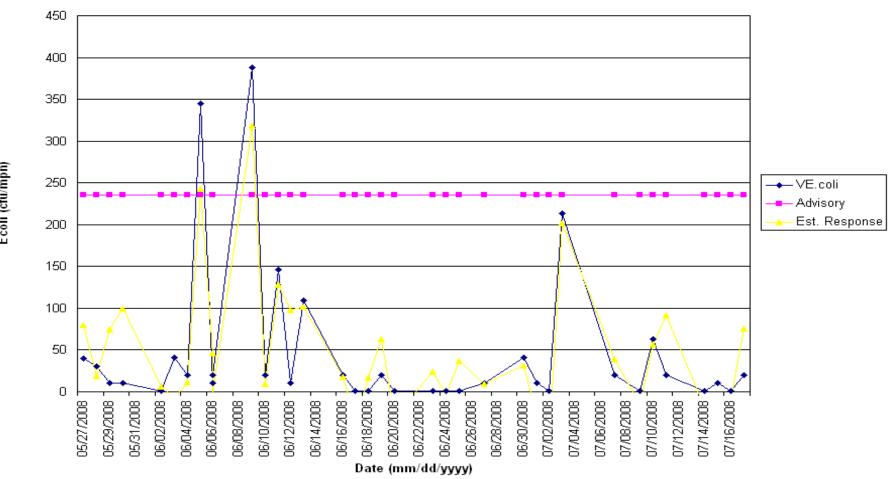


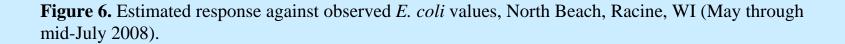
Beach Sanitary Surveys: Predictive Models

- Environmental data collected as part of a BSS can be used to begin constructing a predictive model
- Virtual Beach (USEPA model)
- Allows correlations between parameters and water quality (i.e. wave height, wind direction, rainfall, etc.)
- Data limitations prevent full use, i.e. you will likely need multiple years of data
- If funding continues, will use modeling simultaneously with sampling



Estimated Response v. Observed





Ecoli (cfu/mpn)

Helpful Hints...

- BSS will provide you with the information you need to determine pollutant sources
- Don't be overwhelmed by the process
- Take a partnership approach
 - Public Works, Parks, Water/Wastewater, Health, Local Universities, Volunteers
 - One person does not necessarily have to collect all of the data
 - Some data can be collected pre- or post-beach season
- Be patient, work incrementally
 - It took Racine 5 years to ID all sources and implement remediation sources
- We're all in this together
 - People who have done this are likely willing to act as resources
 - Racine's beach sanitary surveys have been posted on their website
 - <u>www.cityofracine.org</u>, water quality research tab
- Some remediation measures are low/no cost
- Grant funding may be available for research/remediation
- Remediating beaches will benefit your community

Conclusions

- Collect reliable, defendable data on EACH location.
- Determine sources of E.coli
 - local/shore-borne
 - regional
- Utilize sustainable remediation approaches with minimal O&M costs whenever possible.
- Beach remediation/redesign will:
 - convert the beach to a more natural setting
 - increase water quality
 - protect public health
 - make each beach more aesthetically pleasing and more user friendly.

Current Initiatives

- Great Lakes Regional Collaboration
 - Coastal Health chapter recommended action
 - Beach project initiative (<u>www.glrc.us</u>, beaches)
 - Examples of completed BSS from 2007 pilot study
 - Guidance Document
 - Blank forms
- Great Lakes St. Lawrence Cities Initiative
 - US and Canadian Mayors
 - Recognize beaches are important to local economies
 - Encourage use of BSS to identify pollutant sources
 - Educate users on predictive modeling
 - http://www.glslcities.org/

Acknowledgements

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